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6 Simple Steps That Turn Dreams Into Reality

Information Sheet:

Title: Professional Dreamer

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Information Title: Learn to Use the Powerful Energy of Your Thoughts to Manifest the Life You Want -

Author: Ghalil

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Non-Fiction

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One Mind Publishing has released, *Professional Dreamer*, a six step guide for using the powerful energy of thought. This fascinating book shows readers how to dream in such a way that what they hold in their mind will manifest, reproduce in the outer world as the people, events and things they think about. Best described as two books in one, it offers a detailed look at the inner workings of thought energy, explaining in plain, clear language how and why the power of thought works. At the same time, it guides the reader to apply the simple, practical means to effectively harness the power of thought, minute-to-minute. With its nourishing blend of theory and easy-to-follow steps, *Professional Dreamer* reads like a recipe. It clearly tells readers what ingredients they need and how to mix them to achieve the life they want.

Professional Dreamer grew out of a Practice gleaned by the author, Ghalil, following a profound spiritual awakening. Originally shared person to person and later, group to group, the Practice quickly grew into a word-of-mouth phenomenon. Professional Dreamer sets in print for the first time this powerful Practice that has helped people worldwide discover for themselves the remarkable power within and a life filled with more money, fulfilling partnerships, meaning, passion and joy.

The book first describes how to clear your mind and environment of the barriers that get in the way of your creative power, such as negative, contradictory and aimless thoughts. It then provides the practical means to connect with your higher self and energy, align your actions with your intentions and discover your dreams, calling to you to let your desires serve as the familiar vehicles by which you'll explore your inner gifts and advance on your journey to greater spiritual awareness.

Professional Dreamer first appeared in a bookstore in August 2005. In two weeks and with no marketing, this book spread by word-of-mouth into 22 bookstores in its area. It sparked a worldwide online community of readers, and has been embraced by television personalities and hailed by critics as a "powerful packet of energy;" "a book you swear is vibrating." Readers say, "It just works. You can actually feel it working as you read. It changes your breathing, your thoughts and something happens and you see your desires appearing, you lose weight, sleep better, attract money and if you don't know what you want...you will."

Written with motivating clarity, this simple, six step guide to success and greater spiritual awareness is offered to share a life-altering experience with readers.

The first ever worldwide Professional Dreamer Week ([see Press Release](#)) launched on Feb 16, 2006. With the help of many key online marketing friends, email list managers, and kindred website owners, the book's awareness took off at a proliferating pace. Several thousand people went to Amazon.com to order the book.

Here are several comments from readers who found the book through this worldwide, weeklong, celebration.

"In *Professional Dreamer*, Ghalil shows a very different way of achieving your desires from what I was taught...and probably from what you were taught as well. This book is a very easy read that challenges the beliefs about success that most of us were programmed with at a very early age. In her six steps, she addresses both the principles of why they work and the method of incorporating each of them into your life. Along with this are many examples of how using the principles and methods have led others to achieving their goals. Masterfully written, totally non confrontational, low stress alternative path to achieving your desires." - **Alex Cole, PA**

"...What a gift! Ghalil's book is one that clearly reflects the author's gentle, respectful, and powerful belief and knowledge that we can truly change our lives toward more positive outcomes. It is my gift of choice for others...a lifetime gift for me!" - **Shoshana, Vancouver, BC**

"...This book is one of the few publications that give you the theory, science and answers along with a practical methodology of manifestation, creation and generally what most would agree to be the way out of psychological bondage that comes from living in this contemporary world. Is short, this manual is a guide to enlightenment..." - **Michael Devonish, New York**

"...My perspective is that this is the first book I have ever read that clearly and logically gets to the heart of the issues that hold us back from becoming all that we were intended to be. I am seeing changes in my loved ones that are dramatic and positive. I urge every person alive to spend some quality time with this powerful system. - **Bob Cotto, California**

About Ghalil:

Ghalil - pronounced "Ga-Lill" - means "touching the earth and heavens within". An accomplished public speaker and corporate coach for over twenty years, the author received this name during a profound spiritual awakening that called her to serve others and teach *The Practice of Professional Dreaming* on a massive scale.



This personal awakening - the powerful insights and principles presented in the book - came to a finale in 2003, 6 years after living through a life-threatening illness.

In Ghalil's words: "...after heading to the kitchen, I was halfway across my living room when it seemed that I heard a voice call my name. It completely stopped me. I didn't actually hear sound, but I knew to stop. And I even remember thinking, I'm not sure if I'm stopping because I can't move or am I really stopping because I don't want to move. This is such a profound feeling'.

And after that an amazing experience ensued. If I had to put it in a nutshell, it felt like somebody pulled back a massive curtain on the world and for a moment I got to step inside all of what is happening behind the scenes - that the entire universe is just some kind of movement and for a moment I lived in that movement and it seemed as if a lot of information was downloaded into my brain all at once. But that's not quite accurate. It's more accurate to say that because I stepped into this movement, I became it and so, for a moment, I understood it, it was a very profound experience..."

[\[You can listen to her story here\]](#)

At the very bottom of her illness, she received the inner wisdom to save her own life and write *Professional Dreamer*—a recipe for personal and professional transformation.

Ghalil has been called a "soul level teacher" - someone whose energy, awareness and spiritual insights are practically "angelic" in presentation and form.

She lives in Vancouver, BC, teaching people how to achieve they life they want through her book, e-course entitled "Beyond the Text," ongoing tele-classes and through select "live" seminar appearances throughout North America.

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